



**HINODE DOJO**  
**JAPANESE SWORDSMANSHIP WORKSHOP**  
**APRIL 28, 2018**

Hinode Dojo, LLC is hosting a Japanese Swordsmanship workshop for students of all experience levels. Instruction will be provided by Lyle Laizure Sensei. He has been studying Japanese swordsmanship for 19 years and currently holds the rank of yondan (Aikido), Toku-e (Shinkendo), and nidan (Toyama Ryu).

Training will include basic sword handling, body movement, sword swinging drills, forms training, paired sparring drills, drawing and cutting forms. Participants will need a wooden practice sword.

When: Saturday, April 28, 2018

Registration 8:30 am to 9 am

Training begins at 9 am and will conclude at 1 pm

Where: A.V. Sorensen Community Center (Meeting Room)  
4808 Cass St Omaha NE 68132

Please use the west parking lot and west door.

Cost: \$40 per participant

For additional information or questions contact:

Lyle Laizure (402) 578-9873

[lyle@hinodedojo.com](mailto:lyle@hinodedojo.com)

[www.hinodedojo.com](http://www.hinodedojo.com)